

GET ACTIVE WITH



Get Active!

ACTIVITY 1, FOR INDIVIDUALS

Suggested for Grades 3–5

Name: _____

What do **you** do to get active? Some kids like to dance. Many kids like to play active games outside. Lots of kids like to play soccer!

Directions: Unscramble the words in the Word Scramble below. Here’s a hint: Each word has something to do with soccer! Need more hints? Keep reading...

Word Scramble

- | | |
|---|------------------|
| 1. Where do you play? | DELIF: _____ |
| 2. Who is the head of the team? | AITCAPN: _____ |
| 3. In the middle of the game | MEHTAIFL: _____ |
| 4. They cheer players on. | NFSA: _____ |
| 5. The adult who leads the team. | HACOC: _____ |
| 6. The official who enforces the rules. | EERRFEE: _____ |
| 7. What to aim for | LAGO SOPT: _____ |
| 8. Not expensive + rhymes with “stick” | EREF CKKI: _____ |
| <i>first word</i> <i>second word</i> | |

Now, try this: Create your own Word Scramble! Make it about soccer or an activity you like. First, pick a word and scramble it. Then, create a clue. Finally, ask a partner or parent/guardian to try to figure out the word and write it on the line.

_____	_____	_____
Scrambled Word	Clue	Unscrambled Word

Wrap up by making a plan to get active soon! What will you do? When? Think about it, and then talk to your parent or guardian to make a plan. Have fun!

Answers: 1=field, 2=captain, 3=halftime, 4=fans, 5=coach, 6=referee, 7=goal post, 8=free kick